

2025 Highlights: Your Gift in Action



Thank you for supporting people in Canada who face the impacts of liver disease. Your generosity fuels liver awareness, education, research, and advocacy across Canada. Keep on reading for a snapshot of the programs and initiatives you helped make possible in 2025.



2.5 million
interactions on
liver.ca



6,674 downloads of
The Healthy Liver
Pantry



315 people
attended LIVERight
Health Forums



239 students
participated in the
LIVERight School
Program

You're helping those living with metabolic dysfunction-associated steatotic liver disease (MASLD) manage and even reverse their diagnosis

Last year saw the launch of Wellness with MASLD - a peer-supported program for those diagnosed with MASLD and seeking tips to manage their diagnosis. For five weeks, participants took part in interactive sessions alternating between guided movement, peer support groups, and cooking demonstrations. With research projecting a steady increase in MASLD cases through 2030, there's an urgent need for prevention and education.

Finding liver damage faster - thanks to you

We know that all too often, liver disease is difficult to detect due to its silent symptoms. A liver disease diagnosis often comes at an advanced stage, making treatment more difficult and sometimes even impossible. The Liver Beware FibroScan Screening Project aims to change this. Since 2022, donors like you have helped advance this one-of-a-kind research project, making screening more approachable and accessible. In 2025, 2,203 individuals participated in this research project, which detected liver scarring and cirrhosis among the participants.

You're educating and empowering liver patients and their caregivers

Thanks to your incredible support, Liver Canada hosted LIVERight Health Forums in three Canadian cities in 2025 (Calgary, Halifax, and Vancouver). These informative sessions not only raise awareness about liver disease, but foster improved dialogue between hepatologists, family practitioners, patients, and their caregivers.

Topics included:

- Living and deceased donor liver transplants
- Liver function and facts
- Liver cancer
- Viral hepatitis
- Navigating the healthcare system



You helped bring liver education into Canadian schools

In 2025, the LIVERight School Program made its way across middle schools in the Greater Toronto Area. This fun, interactive workshop teaches students the importance of liver health and how they can keep their body (and their liver!) healthy and strong. With liver disease on the rise across Canada, education and prevention is vital - especially in our youth. Your support makes this program possible and it's just one way you're providing a brighter future for the next generation.